

NEEMA MBULWA MUINDE
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ABOUT ME

I am a result-driven **Clinical Nutritionist | Researcher | Technical trainer**. I have experience in providing technical assistance to health-related programs. Through projects via health education and field research using quantitative and qualitative research tools. I have the capabilities to analyze health data for health interventions and surveillance, aspiring to improve this skill. I am able to do intermediate-level health-related analysis and visualization using SPSS and Power BI.

Have worked in hospitals as a clinical nutritionist and also academic institution as a trainer.

EDUCATION

MSc. Food Nutrition and Dietetics (Ongoing) Kenyatta University

Bachelor's Food, Nutrition, and Dietetics

South Eastern Kenya University • Kitui, Kenya

Diploma in Technical Education (Food, Nutrition and Dietetics)

Kenya School of TVET

Data Analytics- Alx Academy

SKILLS

- Data visualization & Reporting
- Data Analysis
- Field Operations of Open Data Tool Kits (**ODK**), **REDCAP**, Survey CTO.
- Technical training skills
- Nutrition education and advocacy

ACCREDITATIONS

- Basic Life Support (**BLS**) | **CPR** |
- HTS (HIV testing services)
- **Good Clinical Practice** (GCP-E6 (R2 2016) (**ICH** Guidelines)
- Introduction to research ethics
- License of Clinical Nutrition -G/32016/19
- Virtual assistant

WORK EXPERIENCE

FEBRUARY 2026

IPC Acute Malnutrition Analyst

- Took part in the predictions of Short Rain Analysis in Kenya and its contribution or impact on acute malnutrition
- Report writing

OCTOBER 2025-DECEMBER 2025

RESEARCH ASSISTANT ON Complementary Feeding Project BY *Access To Nutrition Initiative*
HEALTHY START PROJECT with Kenyatta University

ROLES

- Data Collection using ODK Documentation and Reporting
- Coordination with data personnel
- Work closely with community Health Promoters to mobilize communities to participate in nutrition project interventions
- Conducting focus group discussions on mothers with children between 6-36 months on complementary feeding
- Transcription and Analysis of qualitative data collected

FEBRUARY 2024-APRIL 2025 KMTC LECTURER

- Training Learners
- Supervising learners on clinical practice (attachment)
- Taking part in community initiatives and projects

AUGUST 2024-JUNE 2025

RESEARCH ASSISTANT ON Complementary Feeding Project BY *Healthydiets4Africa with Kenyatta University*

ROLES

- Training of community resource persons on Baby Friendly Community Initiative (BFCI).
- Data Collection using Red-Cap Documentation and Reporting
- Coordination with data personnel
- Work closely with community Health Promoters to mobilize communities to participate in nutrition project interventions.
- Ensure all affected children, pregnant and lactating women are identified, admitted, and discharged from emergency nutrition programs as per national Integrated Management of Acute Malnutrition (IMAM) guidelines and Maternal Infant and Young Child Nutrition (MIYCN) guidelines

Year 2025 Nutrition Educator - Kwitu Fm Kamba station (seasonal)

- Conducted nutrition education to the Kamba community on nutrition, health-related conditions and mental health

JANUARY 2025

RESEARCH ASSISTANT ON OMENA FEEDING PROJECT for School Feeding Programme BY
LATICCE CONSULTANCY

ROLES

- Supervision of a team of researchers
- Coordination with Lattice data personnel
- Documentation and Reporting
- Conducting Focus Group discussions with resource persons

JULY 2024-AUGUST 2025-Seasonal

REASERCH FIELD REPRESENTATIVE, *KEMRI-NAIROBI SCHOOL FEEDING PROGRAMME* NAIROBI, KENYA

- Data Collection; Gathering accurate and meaningful data by use of multiple-pass dietary 24-Hour recall
- Documentation and reporting; Maintaining detailed records of data collection activities

APRIL 2024

REASERCH FIELD REPRESENTATIVE, *JKUAT FOOD CONSUMPTION STUDY* IN KAJIADO COUNTY STUDY

- Data Collection; Gathering accurate and meaningful data by use of multiple-pass dietary 24-Hour recall
- Documentation and reporting; Maintaining detailed records of data collection activities

JUNE 2023 – FEBRUARY 2024

RESEARCH FIELD REPRESENTATIVE, *KULA VYEMA CENTRE OF FOOD ECONOMICS*

- Data Collection: Gathering accurate and meaningful data
- Documentation and reporting; Maintaining detailed records of data collection activities
- Communication; Linking up with the research team to communicate challenges and insights related to data collection
- Data quality assurance; Implementing measures to enhance data accuracy and reliability

JANUARY 2022 – DECEMBER 2022

TECHICAL TRAINER, *KISIWA TECHNICAL INSTITUTE*

- Instructing and teaching; conducting lectures and practical sessions to learners
- Assessment and evaluation: Developing and administering assessments to evaluate the learners' outcomes
- Guidance and counselling sessions to learners

January 2021-December 2021*Trainer Kyemutheke Vocational School*

- Instructing and teaching; conducting lectures and practical sessions to learners
- Assessment and evaluation: Developing and administering assessments to evaluate the learners' outcomes
- Guidance and counselling sessions to learners

Clinical Nutritionist

Apr 2019 - Aug 2020

AIC Kijabe Hospital •Kiambu, Kenya

- Reviewed nutrition and dietetics policies and guidelines
- Engaged various stakeholders involved in health programmes
- Developed capacity and implemented Monitoring and Evaluation tools for Critical Care
- Developed capacity and implemented monitoring and evaluation tools for Critical Care (ICU) nutrition
- Implemented Pharmaco-nutrition and provision of basic life support services

Clinical Nutritionist

Jun 2017 - Aug 2017

Kenyatta National Hospital • Nairobi, Kenya

- Organized and planned medical nutrition therapy for patients
- Documented clinical findings and pertinent health data for processing and record keeping.
- Calculated and verified proper parenteral and enteral feeds in critical care

LANGUAGES

English-level C2

Kiswahili- level C2

REFEREES

DUNCAN ANGILA

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International Rescue Committee

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